

## www.igmgymnastics.com

IGM's Summer Camps are filled with fun and excitement! They will be full of gymnastics, crafts, movies, Open Gym time along with many other fun surprises throughout the week.

IGM's experienced coaches are filled with enthusiasm and creativity which makes our gymnastics summer camps the most popular in the area. These camps will work on things such as balance, coordination, agility, flexibility all while having a *super fun time!* 



## **ABOUT IGM GYMNASTICS**

IGM GYMNASTICS WAS FOUNDED BY IRINA KIM IN 1997. NELLE KIM, IRINA'S SISTER. A 5 TIME OLYPMIC GOLD MEDALIST, SUPERVISES THE ARTISTIC COMPETITIVE PROGRAM. IGM ALSO TRAINS AN INTERNATIONALLY COMPETITIVE AND WORLD REKNOWNED, RHYTHMIC TEAM WHICH IS COACHED BY FORMER KAZAKHSTAN NATIONAL TEAM COACH, NATALYA ROGOZHINAPERLMAN.

IN ADDITION TO OUR SUCCESSFUL ARTISTIC AND RHYTHMIC TEAMS. WE PROVIDE MANY OUTSTANDING RECREATIONAL GYMNASTIC CLASSES FOR BOTH BOYS AND GIRLS AGES 18 MONTHS TO 17 YEARS.

IGM GYMNASTICS PROVIDES A SAFE, CLEAN AND POSITIVE ENVIRONMENT FOR CHILDREN WHILE THEY DEVELOP THEIR FINE AND GROSS MOTOR SKILLS, FLEXIBLITY, AGILITY, BALANCE AND MOST IMPORTANTLY, CONFIDENCE.





The camps will include structured activities designed to teach and promote specific skill development.

Open Gym time will give children the opportunity to work on their own skill development. Fun activities and themes will be incorporated into each day of camp.

## **REGISTRATION DEADLINE:**

Registrations will be accepted up to the Wednesday prior to the camp. \$5 late fee will apply after registration deadline. Please Note: gymnasts will need to bring their own lunch and beverage. Snacks will be provided. Please note any food allergies on your registration form.

A Typical vay (Full vay Lamp)	
8:30 - 8:45	Arrive
8:45 - 10:30	Gymnastics Class
10:30 - 12:15	Snack/Games/Open Gym
12:15	Lunch
1:15 - 3:00	Fun Activity/Crafts
3:00 - 4:00	Gymnastics Class
4:00	Pick-Up

AT al- ID (EVIL D. C. 1900)

IGM GYMNASTICS

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